

## **Waukesha County Nutrition Coalition Minutes**

### **October 25, 2022**

*Attendance: Yvette Hernandez -Hebron House; Mike Glasgow- Aging and Disability Resource Center; Michael Egly- Food Pantry of Waukesha County; Christy Bond- Waukesha Head Start/Early Head Start; Jill Herz- Waukesha County UW-Madison Extension FoodWise.*

**Tour of Housing Action Coalition building & Overflow Shelter- Michael Egly:** The overflow shelter has space designated for single adults on one side of shelter and a family side on the other side. Many furnishings/supplies have been donated for the living spaces; has central kitchen space and washers/dryers. The renovation of the building was finished in January of 2022 and operational in February and March of 2022. The plan will be to be open again this winter season. There is a coordinated entry process for people to stay at the overflow shelter. Coordinate with other shelter spaces in the area, such as Hebron House. The overflow shelter had been a need for years; originally part of CDBG grant.

**WCNC Updates:** We have been excited to host in-person meetings again, beginning with our first meeting/tour at the Waukesha Free Clinic last month. People have enjoyed visiting different agencies so far, so the plan is to carry on with that in the future. This is our last meeting of 2022 before the holiday season, with the next meeting planned for February 2023.

#### **Agency Updates:**

**Hebron House, Yvette Hernandez:** Hebron House youth program has started for individuals 18-24, focusing on transitional living and rapid rehousing for homeless in Washington, Waukesha, and Ozaukee counties. Looking forward to getting that started, working with the Housing Action Coalition. Hebron House has a few sites: Juno House for single women and families; Sienna House for men, and Jeremy House which is a safe haven co-ed site. Plans to close Jeremy house in future in order to do permanent supportive housing.

**Aging & Disability Resource Center, Mike Glasgow:** Very busy at the ADRC; have been dealing with limited staffing. ADRC has plans to open dining centers that have been closed, but it has been a very slow process. Some organizations have been reluctant to open up. The community senior centers were opened first. A senior dining center restaurant is in future plans, but haven't had the staff to do it. Volunteer base down approximately 30%. Health Promotions Coordinator position is vacant, so we are recruiting for that. Slow trend up in demand for meals. Criteria for home delivered meals: over 60 yrs- other considerations include mobility, resources, access.

**Head Start/Early Head Start- Christi Bond:** Waukesha center is full and have a wait list. Oconomowoc center needs 4 kids yet. Refer families if you know anyone. Early Head Start is a home-based program; always need families for that, so please refer. Head Start could be a spot for the WCNC to meet in the future, in conference room.

**UW-Madison Extension Waukesha County FoodWise, Jill Herz:** Two vacant nutrition educator positions, one bilingual (Spanish). Working on hiring in the next few weeks and hoping to be fully staffed later this fall. Working in several schools in the Waukesha school district providing youth lessons, with a slower start than usual due to limited staff. Always recruiting parent programming; we have two great parent programs: Eating Smart & Being Active and a new one called Around the Table. We are trying out Around the Table virtually, and have the ability to teach virtually in general. Other sites have preferred in-person (we have plans with Hawthorne for in-person parent lessons) so we can do what works best for the partner.

**Food Pantry of Waukesha County, Michael Egly:** Just hired a bilingual client services assistant; needed to have someone who speaks Spanish. Getting into holiday time, which is a busy time of year. Doing holiday distributions for two weeks starting November 10, which includes turkeys and fixings. Donors buy turkeys for them- anticipating receiving 500 turkeys on Nov 10. Hard to recruit for home delivery drivers. Have used Doordash. Discontinued drive-thru distribution; still have express pick up, in-person shopping, and do some delivery.

**Emailed updates:**

**Waukesha Free Clinic, Rosa Zibell:** Census is up with covid again, and flu season is as well, but not peaking yet. We are almost at the end of the fiscal year, and many of our specialty support agencies are starting to limit the number of services that they are willing to help with, but we are always working as strong as possible. Hours of service are 9-5 Monday- Friday and people (and other agencies) can reach out to us any time at 262-544-6777. We are hiring a full-time receptionist and 2 nurses; please send people our way if you know someone who is interested.

**Waukesha County WIC, Lisa Topp:**

- Farmer's Market Nutrition Program season ends at the end of October. We seemed to have good participation this year with participants that wanted the checks issued. Redemption information is not yet available.
- The State Public health Emergency has been extended through Jan. 11th and therefore the physical presence waiver is in effect through April 11th. WIC families will continue to have the option of onsite or remote services for their appointments through this date.
- Formula substitutes will remain in place for purchases through Dec. 31st. Purchases of alternate sizes and forms of the Similac products will be available through Feb. 28, 2023.
- The enrollment period for our Fit Families' healthy practices program began on October 1st. We will enroll 50 children, ages 2-4, to work on goals of eating more fruits and vegetables, drinking healthier beverages, and moving more/watching less.

**2023 Meetings: February, April, June, August, October**

**Next Meeting: February 28, 2023 at 9AM**

**Location TBD**